

Cross Country Club

January 2018

Dear Parents and Runners,

Spring Cross Country Events at Kent College

Thank you to everyone who ran for Blean in the autumn races. Kent College have sent us 2 dates for this term. If you would like to run, please fill in the reply slip below and return it to the office as soon as you can. If you find that the information you have given has to change, then please let us know as soon as possible, especially for the relay event. Alternatively, email or phone the school to let me know you are running.

Relays at Kent College Junior School (Vernon Holme):

Saturday 3rd February and Saturday 24th February

REGISTER BY 9:45am. The event will begin with nursery (100m), EYFS (200m), Year 1 and Year 2 (both 500m) individual races. (For your guidance, our school running loop is approximately 300m.)

There will then be a year 3/4 race and a year 5/6 relay race with teams of 3 runners each running 900m.

On the day:

Runners will need to wear trainers (or running shoes), dark shorts or jogging bottoms and a yellow PE t-shirt (Running vests will be given on the day- don't panic if you leave your PE t-shirt at school, the running vest shows you are a Blean Runner!). Parking can be difficult so please arrive with plenty of time.

KS1 runners need to sign in at the tables when you arrive and receive a number. You can then come to me for a running top.

KS2 runners need to meet me under the tree at the top of the hill near the tables, to sign in and get your top and number. Please be on time as I will find it difficult to sign you in after the races have started.

Once the races have finished, you can keep your number as a souvenir but please put the running top into my trolley so it can be washed. (If you do take it home by mistake, please send it back into Year 3 –if it is muddy please use a cool wash as hot washes can make the letters fall off!)

Thanks for all your support,

Miss Irons

Cross Country reply slip:

Name _____ Year _____

would like to run in the following races: (please tick or cross)

Saturday 3rd February _____

Saturday 24th February _____

Signed _____ person with parental responsibility